

G.A.P. Resources for Youth

“Rebuilding the foundations of the generations...we will stand in the gap.” Eze.22:30

Mentoring

Elk Grove Rotary- Rita Velasquez 916-691-3760/689-7789 ritavalesquez@comcast.net

Crossover Basketball for at-risk youth Omar Turner 916-628-0935 omar@crossoverbasketball.org

Young Life Pat Gallagher 916-812-1340 pgallagher.yl@gmail.com

Elk Grove P.A.L. — 916-714-9834 10044 Bruceville Rd. Ste. 100 Elk Grove
Sports > Basketball~ Football~ Track Life Coaches > 1 on 1 men or women ~ Groups~ Tutoring
Teen Drop-in center after school Check Facebook for new activities

Big Brothers, Big Sisters- Rhonda Staley-Brooks 916-646-9300 rhonda@bbbs-sac.org

Disabled Sports USA West - Christopher Clark 916-722-6447 xt101 chris@disabledsports.net

Substance abuse treatment

Another Choice, Another Chance - Vanessa Lindsey 916-367-2089 xt 2032 vlindsey@ac-sac.org

Panacea Services — 916- 854- 4564 www.panaceaservices.org

Health

Try 7 Fitness – Karen Johnson - (916) 519-7077 www.try7fitness.com Teach people about the causes and cures of many debilitating lifestyle diseases through seminars, pod cast, physical fitness classes, cooking classes and health consultations.

Counseling~

Hope for Healthy Families Counseling Center- 8788 EG Blvd. bldg #3 Ste.12c Elk Grove 916-686-9209
www.hopeforhealthyfamilies.com {counselors: Spanish speaking; victims of crime; Parenting support; addiction & recovery; Grief; parenting support; depression & anxiety; co-parenting classes and more}

Education— Finish your diploma: 3141 Dwight Road

1. **SAVA** ste.400 428-3200 {Home Study} www.sava.org
2. **AdvancePath Academy** ste.100 760-3977 www.advancepath.com
3. **Elk Grove Charter School** ~ 714-1653 9075 Elk Grove Blvd., Ste 200 www.egusd.net/egcharter

Women's Shelter

Crisis Line (916) 920-2952
Business Office (916) 448-2321