

# **G.A.P. Resources for Youth**

“Rebuilding the foundations of the generations...we will stand in the gap.” Eze.22:30

## **Mentoring**

**Elk Grove Rotary-** Rita Velasquez 916-691-3760/689-7789 [ritavalesquez@comcast.net](mailto:ritavalesquez@comcast.net)

**Crossover Basketball** for at-risk youth Omar Turner 916-628-0935 [omar@crossoverbasketball.org](mailto:omar@crossoverbasketball.org)

**Young Life** Pat Gallagher 916-812-1340 [pgallagher.yl@gmail.com](mailto:pgallagher.yl@gmail.com)

**Elk Grove P.A.L.** — 916-714-9834 10044 Bruceville Rd. Ste. 100 Elk Grove  
Sports > Basketball~ Football~ Track Life Coaches > 1 on 1 men or women ~ Groups~ Tutoring  
Teen Drop-in center after school Check Facebook for new activities

**Big Brothers, Big Sisters-** Rhonda Staley-Brooks 916-646-9300 [rhonda@bbbs-sac.org](mailto:rhonda@bbbs-sac.org)

**Disabled Sports USA West -** Christopher Clark 916-722-6447 xt101 [chris@disabledsports.net](mailto:chris@disabledsports.net)

## **Substance abuse treatment**

**Another Choice, Another Chance -** Vanessa Lindsey 916-367-2089 xt 2032 [vlindsey@ac-sac.org](mailto:vlindsey@ac-sac.org)

**Panacea Services —** 916- 854- 4564 [www.panaceaservices.org](http://www.panaceaservices.org)

## **Health**

**Try 7 Fitness – Karen Johnson -** (916) 519-7077 [www.try7fitness.com](http://www.try7fitness.com) Teach people about the causes and cures of many debilitating lifestyle diseases through seminars, pod cast, physical fitness classes, cooking classes and health consultations.

## **Counseling~**

**Hope for Healthy Families Counseling Center-** 8788 EG Blvd. bldg #3 Ste.12c Elk Grove 916-686-9209  
[www.hopeforhealthyfamilies.com](http://www.hopeforhealthyfamilies.com) {counselors: Spanish speaking; victims of crime; Parenting support; addiction & recovery; Grief; parenting support; depression & anxiety; co-parenting classes and more}

## **Education**— Finish your diploma: 3141 Dwight Road

1. **SAVA** ste.400 428-3200 {Home Study} [www.sava.org](http://www.sava.org)
2. **AdvancePath Academy** ste.100 760-3977 [www.advancepath.com](http://www.advancepath.com)
3. **Elk Grove Charter School** ~ 714-1653 9075 Elk Grove Blvd., Ste 200 [www.egusd.net/egcharter](http://www.egusd.net/egcharter)

## **Women's Shelter**

Crisis Line (916) 920-2952  
Business Office (916) 448-2321